Sunday Monday Tuesday Wednesday **Thursday Friday** Saturday Niizhoo Giizhaad Ntam Giizhgaad Nswi Giizhgaad Niiwo Giizghaad Naano Giizhgaad Ngodwasso Giizhgaad Giizhgaad Celebrate Indigenous Culture May LET'S GET FANCY May is Sun Safety Week of the 7th - 11th Flower Moon Waawaaskone Giizis Month The fifth moon of creation is Flower Moon. Get your glamour shot done for Mother's Day-SOUTHAMPTON this will coincide with hair dressing where all plants display their Spirit sides for all the word to see. This life giving energy is appointments one of the most powerful healing medicines Celebrate Mom - 2 pm China Tea Social **MAY 2024** on Mother Earth. During this moon we are encouraged to explore our Spiritual essences Thursday May 23 1:30 Walk for Memories Join us as we around the SCC and raise some \$\$\$\$ for May 5 is World Hand learn about Indigenous Culture Alzheimer's of Grey Bruce. You can get your **Hygiene Day** Nature Games and Activities- MAY 3 pledge sheet from the activity staff 2 Chaplain Visits 4 Pauline W/E Stay Tuned for the **REC Aquarium Checks** 10 am Celebration of 9:15 Art to Music/BL **Dementiability Activity** Nurses Week May 6- 12 9:30 sensory visits Setup in activity room 9:30 am(AR) **Stanley Cup** Life Service Changing Lives. Shaping Tomorrow. 9:30 am (AR) and Beacon lounge Plavoffs on 11 REC-TV Price is Right PTA exercise group THANKS TO OUR REGISTERED STAFF PTA exercise group 1:30 PTA Exercise 10 am Mental 10:30 REC Euchre/FL the daily calender 10:30 Choir Practice 11 REC-TV Price is Right Group Aerobics PSW Day is May 19 11 REC-TV Price is Right 1:45 Platters 2 pm Friday Spa Day 2 pm Music Jam Thanks to our PSW 2 pm Line Dancers YouTube concert 3:30 Sensory visits/K Mike & Paul & Mary 3:30 REC - Readers for all their care 2 pm REC Euchre 4 N/G Animal Club/AR 3:45 Comedy Club 6:30 REC Euchre 6:30 Flower Moon 2:30 JAVA CLUB/FL Mr Bean Craft 4 REC TV- NG Animal Club 7 pm REC Hockey Club 6:15 REC- Puzzle Time **Manicures** 9 Chaplain Visits 10 11 Kay W/E 8 REC Aquarium Check Pauline W/E Chaplain visits 9:30 am (AR) 9:30 sensory visits 9:30 am (AR) Courtvard visits **Dementiability Activity** Setup in activity room **MENicures** 9:30 Java Memory /BL PTA exercise group 9:30 am (AR) PTA exercise group 9:30 am(AR) and Beacon lounge **Dementiability Activity** 10:30 Friendship PTA exercise group PTA exercise group 10:45 Residents 10:45 Hymn 10 am Big Balloon 10 Tillie & Cheryl Council /Fireside Circle /lg dining rm 10:30 Choir Practice Piano by Christina 10:30 REC- Euchre 1:30 Big Balloon Games 11 REC-TV Price is Right Sensory visits Games 1:30 Sharing My 2 pm REC- Euchre 1 pm w/c & walker 2 pm Dave & The 2 pm Live Music with 1:45 Mother's Day 3 pm Salvation Home - Guest Partv Cathy Kempert maintenance Retros **China Tea Social** Speaker Charlotte **Army Church** 1:45 - REC Bingo 3:30 Euchre /FL 3:30 REC - Readers 4 N/G Animal Club/AR 3:45 Comedy Club Bumstead 6:15 REC- Social Service 3:45 Piano hymn sing 4 pm Armchair Sensory visits/K 4 REC TV- NG Animal Club Mr Bean 6:15 REC- Social Club 6:30 Melodies and 6:15 Rec Social Travel - NB 6:30 REC Euchre 7 pm REC Hockey Club 6:15 REC Social **Memories Choir**

Welcome Spring We have 3 outdoor areas for your enjoyment.

Giizhgaad Sunday	Ntam Giizhgaad Monday	Niizhoo Giizhaad Tuesday	Nswi Giizhgaad Wednesday	Niiwo Giizghaad Thursday	Naano Giizhgaad Friday	Ngodwasso Giizhgaa Saturday
12 HAPPY MOTHER'S DAY Kay Weekend MENicures Dementiability Activity 10 Tillie & Cheryl 1:30 Famous Mother's Trivia 3 pm St Johns/St Pauls Anglican Church Service 6:15 REC- Social Club	Chaplain visits 9:30 Java Memory /BL 9:30 am (AR) 9:30 am (AR) PTA exercise group 11 REC-TV Price is Right 1:45 - REC Bingo Sorority Ladies 3:45 Piano singalong 6:15 REC Social	Manicures 9:30 am (AR) PTA exercise group 11 REC-TV Price is Right 2 pm REC Euchre Courtyard visits 4 pm Armchair Travel - Nova Scotia	15 REC -Aquarium Check 9:30 sensory visits 9:30 am (AR) PTA exercise group 10:30 Choir Practice 11 REC-TV Price is Right 2 pm May Birthday Party Shake, Rattle & Roll with Al Crawford 3:30 REC - Readers	Chaplain Visits 9:30 am(AR) PTA exercise group 10:45 Hymn Sing Piano by Christina 11 REC-TV Price is Right 2 pm Chantry Singers Choir 3:30 Euchre /FL 4 REC TV- NG Animal Club	17 9:30 am(AR) PTA exercise group 10:15 Green Thumbs tend the geraniums 11 REC-TV Price is Right Piper Steve/dining rooms 1 pm- 4 pm Bus Outing - shop for garden plants & a coffee stop 1:45 Music with JO 4 N/G Animal Club/AR 6:30 Let's Chat Mocktail Social	Pauline W/E Dementiability Activity Setup in activity room and Beacon lounge 10 am Brain Teasers & Squeezers Trivia 1:45 Saturday Sodas 3:45 Comedy Club Mr Bean 7 pm REC Hockey Club
Pauline W/E MENicures Dementiability Activity 10 Tillie & Cheryl 1:30 Big Balloon Games 3 pm Saugeen Circle of Friends Church Service 6:15 REC- Social Club	20 Chaplain visits 9:30 Java Memory /BL 9:30 am(AR) PTA exercise group 10:30 Friendship Circle /Ig dining rm 11 REC-TV Price is Right 1 pm w/c & walker maintenance 1:45 REC Bingo 3:45 Piano singalong	21 Manicures 9:30 am(AR) PTA exercise group 10:45 Food Committee Meeting /Fireside 11 REC-TV Price is Right 2 pm Live Music Dave Hiscox 3:30 Euchre /FL 4 pm Armchair Travel - NFLD	REC -Aquarium Check 9:30 am(AR) PTA exercise group 10:30 Choir Practice 11 REC-TV Price is Right 2 pm Planting the geraniums in the Courtyard 3:30 REC - Readers 6:30 Live Music Silver Strings	23 Chaplain Visits 10:15 Dave Latham at the Piano 11 REC-TV Price is Right 1:30 SCC Walk for Memories- we will walk inside 3:30 Euchre /FL 4 REC TV- NG Animal Club 6:30 An evening with the Chippendales - you tube	24 9:15 Art to Music/BL 9:30 am (AR) PTA exercise group 10:15 Plant the Geraniums/courtyard 11 REC-TV Price is Right 2 pm Live Music Pat McNinch 4 N/G Animal Club/AR 6:15 REC Social	25 Kay W/E Dementiability Activity Setup in activity room and Beacon lounge 10 am Volleyball Sensory visits 2 pm Virtual Trivia 3:45 Comedy Club Mr Bean 6:15 REC Social
26 Kay Weekend MENicures Dementiability Activity 10 Tillie & Cheryl 1:30 REC- Crafty Hands Make Cards for Staff	27 Chaplain visits 9:30 am (AR) PTA exercise group 9:30 Java Memory /BL 11 REC-TV Price is Right 1 pm w/chair & walker	28 Manicures 9:30 am (AR) PTA exercise group 11 REC-TV Price is Right 1:30 REC Baking Make rhubarb crisp 3:30 Euchre /FL	29 REC-Aquarium Check 9:30 am(AR) PTA exercise group 10:30 Choir Practice 11 REC-TV Price is Right 2 pm SCC Choir	30 Chaplain visits 9:30 am(AR) PTA exercise group 10:45 Hymn Sing Piano by Christina 11 REC-TV Price is Right 1:30 pm (AR)	31 9:30 am(AR) PTA exercise group Garden visits 11 REC-TV Price is Right Piper Steve/dining rooms Bus Outing 1- 4 Prance Equestrian	SOUTHAMPTON — Care Centre —
3 pm South Port Pentecostal Church Service 6:15 REC- Social Club	maintenance 1:45 - REC Bingo 3:45 Piano singalong 6:30 Let's Chat Social	4 pm Armchair Travel - Prince Edward Island	presents Show Tunes Recital 3:30 Euchre /FL 6:15 REC Social	PTA exercise group 2:20 Neil Sedaka you tube Concert 2:30 Java Club/FL 3:30 REC Readers 6:15 REC- Puzzles	Centre 1:30 Courtyard Afternoon 4 N/G Animal Club/AR 6:30 Games Night-	May 2024 Variette Health Services Generations of Caring